



International Undergraduate Program
Faculty of Psychology
Universitas Gadjah Mada

COURSE OUTLINE
PSYCHOLOGY OF RELIGION AND SPIRITUALITY

Course Code	:	
Period	:	Odd Semester 2022/2023
Credit	:	2 SKS
Class	:	IUP
Course Instructor(s)	:	Prof. Drs. Subandi, M.A., Ph.D., Psikolog
E-mail	:	subandi@ugm.ac.id
Teaching Assistant	:	TBA
E-mail	:	TBA
Location and Time	:	TBA
Duration	:	14 Weeks
Frequency of Meetings	:	Weekly
Language of Instruction	:	English

Course Description:

The course is an intermediate level course, studying psychological aspects of religious behavior and spirituality. This course covers a wide range of topics which relate to all fields of psychology, ranging from psycho-neurology, developmental psychology, clinical psychology, social psychology, educational psychology and industrial and organizational psychology. It is suggested that students should have learned all of the courses before studying this course

The learning method used in this course is active learning. Individual student should read and review at least 5 (five) journal articles related to the topics. In every session (100 minutes) lecturer will teach only for 60-70 minutes. The rest of the time will be used for student to present 1 (one) journal articles that have been reviewed. Together with the evaluation of presentation, all reviewed journal articles will be used as Mid-term exam.

Learning Outcomes:

At the end of the course, students should be able to:

1. Identify many different kinds of religious and spiritual phenomena in the society and around the world [REMEMBERING]
2. Explain psychological aspects underlie religious behaviors and spiritual experiences (UNDERSTANDING)
3. Analyze specific religious and spiritual phenomena from the perspective of psychological theories [ANALYSING]
4. Utilize the understanding of psychology of religion and spirituality to enhance positive religious behavior and spiritual experience (APPLYING).

Course Time Table:

Week	Topics	Learning Method
1	Introduction: - Different between religion and spirituality - Mapping all religion and spiritual group in the World	1. Lecture. 2. Presentation.
2	Biological and Psychoneurological basis of religion	1. Lecture. 2. Video
3	Cognitive and other psychological theories of religion.	1. Lecture. 2. Presentation.
4	Religion and spirituality in childhood	1. Lecture 2. Video. 3. Presentation.
5	Religion and spirituality in adolescence	1. Lecture. 2. Presentation.
6	Religion, spirituality in adult life and later life	1. Lecture. 2. Presentation.
7	Concept, Construct and instruments of Religiosity and spirituality	1. Lecture. 2. Presentation.
Mid-Term Examination: Closed-book, paper and pencil test		
8	Psychological theories of religiosity and spirituality: psychoanalytic and Behavior perspectives	1. Lecture. 2. Presentation.

9	Psychological theories of religiosity and spirituality: humanistic and transpersonal perspectives	1. Lecture. 2. Presentation.
10	Religion, spirituality and mental health	1. Lecture. 2. Presentation.
11	Field work: Religious therapy for drug addicts and mentally ill patient	
12	Psychological aspects of Religious fanatic and fundamentalism	1. Lecture 2. Video. 3. Presentation.
13	Religion and spirituality at work place	1. Lecture 2. Presentation.
14	Religious and spiritual experiences: cosmic and mystical experiences	1. Lecture. 2. Presentation.
READING WEEK		
FINAL EXAMINATION		

Required Readings:

- Hood, R.W. Hill, P.C.; & Spilka, B. 2009. *The Psychology of Religion, Fourth Edition: An Empirical Approach*. New York: The Guilford Press
- Paloutzian, R.F. and Park, C.L (Eds). 2005. *The handbook of Psychology of Religion and Spirituality*. New York: The Guilford Press.
- Subandi, MA; Chizanah, L; Subhan. 2021. Psychotherapeutic Dimensions of an Islamic-Sufi-Based Rehabilitation Center: A Case Study. *Culture Medicine and Psychiatry*. <https://doi.org/10.1007/s11013-021-09738-1>

Course Assessment:

The final grade of the module will be compiled proportionally from the components below:

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|------------------|-------|
| 1. Final Exam | : 40% |
| 2. Mid-term Exam | : 30% |
| 3. Presentation | : 25% |
| 4. Attendance | : 5% |

Please read further explanation of each assessment components:

Course Assessment	Description	Submission Deadline
Presentation	Presentation of 1 review and critical analysis of a journal article	Final date: TBA

Mid-Term Exam	Review and critical analysis of 5 journal articles	Final date: TBA
Final Exam	Paper for publication	Final date: TBA

* An assessment sheet will be given to you detailing the assignment guideline and marking criteria for each assessment.

Attendance Policy:

Attending to lecture demonstrate students learning commitments. As compliance to the Faculty Academic Regulation, students should attend to 75% of the total lectures, otherwise permission to attend final examination will be denied, leading to unsatisfactory grade obtained for this module.

Academic Integrity:

Academic integrity is an ethical policy of academia in which students joining this course is not exempted from. Among the ethical behaviors highlighted in this course, but not limited to, are: (i) learning commitment, reflected as the students meet the attendance requirements, and (ii) honest behavior, demonstrated as the students' adherence to the non-plagiarism conduct. A breach of academic integrity can result in **FAILURE**.

Plagiarism Policy:

Students should be fully aware that plagiarism is an unethical behavior which breaches academic integrity and therefore may cause serious sanctions, from an unsatisfactory grade to failure of the entire course. Overall, plagiarism is simply defined as presenting someone else's thoughts or work as your own. This action can vary from having inappropriate academic referencing to deliberate cheating.

Below is the types of plagiarism, students should be aware of:

1. **Copying:** using the identical or very similar words to the original text or idea without acknowledging the source. Although most of the time, this action is subject to absentmindedness, it can be perceived as a deliberate action to present someone else's work as our own.
2. **Inappropriate paraphrasing:** changing a few words and phrases while still retaining the original structure and content without giving credits to the original sources.
3. **Collusion:** denying the contribution of others and claiming the work as a person's individual work. Collusion also includes making your work available to another

student for them to copy it, stealing or obtaining another person's work to copy it, taking full responsibility of another person's academic work either voluntarily or with financial gain.

For more information about plagiarism, visit: <http://www.plagiarism.org/>