



International Undergraduate Program  
Faculty of Psychology  
Universitas Gadjah Mada

## COURSE OUTLINE

### Psychogerontology

Course Code	:	PSY3201
Period	:	-
Course Instructor(s)	:	Arum Febriani, Dr., M.A
Language of Instruction	:	English

#### Course Description:

This course examines the development of older adult from different domains, including physical, cognitive, and socio-emotional. The theories, main concepts, and method used by scientists or psychologists to understand older adults' world will also be addressed. A particular emphasis will be placed on how the contexts, including culture, shape the development and problems of older adult. Various current aging issues in Indonesia will be discussed. For example, why putting the elderly parents in nursing home is considered taboo and why respect for the elderly –a cultural value of collectivism- tend to decline and what the impact of this phenomenon for the elderly. This course will help students to understand some of the issues facing by their parents, grandparents, and other older adults and learn how to provide support and care for them.

#### Learning Outcomes:

As a result of participating in this course, students should be able to:

- Understand the main concepts and theories related to older adult development within the physical, cognitive, and socio-emotional domains

- Analyze the influence of various factors, including cultures and contexts, on older adult development
- Analyze various actual issues related to older adult
- Demonstrate the ability to communicate knowledge both in written and in oral forms.

## Prerequisites

Lifespan developmental psychology

## Course Time Table:

Week	Topics	Learning Method
1	Classroom contract; Intro; Brainstorming	Lecture, discussion
2	Key concepts and theories	Lecture, discussion
3	Physical development (Aging process, health, and body system)	Lecture, discussion
4	Cognitive development (Information processing)	Lecture, discussion
5	Cognitive development (Intelligence and wisdom)	Lecture, discussion
6	Socio-emotional development (Personality)	Lecture, discussion
7	Socio-emotional development (Relationship)	Lecture, discussion
Mid-term exam		
8	Issues: Family and grandparenting	Lecture, discussion
9	Issues: Work, leisure, and retirement	Lecture, discussion
10	Issues: Dying and bereavement	Lecture, discussion
11	Issues: Successful aging	Lecture, discussion
12	Guest Lecture (Aging issues in Indonesia)	Lecture, discussion
13	Presentation (Case analysis – aging issues in Indonesia)	Presentation, discussion
14	Presentation (Case analysis – aging issues in Indonesia)	Presentation, discussion
Final exam		

**Required Readings:**

Cavanaugh, J. C., & Blanchard-Fields, F. (2011). Adult development and aging 7<sup>th</sup> ed.

Stanford: Cengage learning

And other supplementary readings

**Assessment:**

EVALUATION	CONTENT	PERCENTAGE
Mid-term exam	Multiple choice questions and Essay	35%
Final Exam	Case study and essay	40%
Presentation	Project Presentation	15%
Class Activities	Quiz, case study, group discussion	10%

**Attendance Policy:**

Minimal 75%