



International Undergraduate Program
Faculty of Psychology
Universitas Gadjah Mada

SYLLABUS

Theories of Personality/ PSY1204 4 Credits

Instructor(s):

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Course Description:

This course will introduce students to a variety of personality theories, their history, and applications. The theories discussed in this course are those which are widely known world-wide and an indigenous theory from Indonesia.

Course Objectives:

- Being able to explain the basic concepts of human personality
- Being able to explain the structure, dynamics, personality development, psychopathology and behavioural change based on various perspectives such as psychodynamic, humanistic, trait, learning, and Indonesian indigenous perspective.
- Being able to use theories of personality have been studied for case analysis of personality and describe your own personality dynamics.

Indigenous Experience:

In this course, students will be introduced with not only some popular theories of personality, but also with an indigenous perspective to study personality, called *Kawruh Jiwa Suryamentaram* [Knowledge in understanding the soul, by Suryomentaram]. This approach was proposed by a Javanese coming from a royal family. The method of learning will be in-class and field study by visiting some scholar who specifically study this particular local wisdom.

Course Time Table:

Week	Meeting	Topics	Method
1	1	Introduction, learning contract, theories and its benefits	Lecture, discussion *)Students make a group (12 groups), determine the given theory to review and present
	2	Dimensions and perspective of theories of personality	Lecture, discussion
2	3	Watching movie	Lecture, watching movie *)All groups submit the resume & ppt. Assistant gives feedback
	4	Psychodynamic: Freud	Group Presentation, lecture, discussion
3	5	Psychodynamic: Jung	Group Presentation, lecture, discussion
	6	Psychodynamic: Adler	Group Presentation, lecture, discussion
4	7	Psychodynamic: Horney	Group Presentation, lecture, discussion
	8	Psychodynamic: Murray	Group Presentation, lecture, discussion
5	9	Presentation: Personality analysis of a figure on movie	Group Presentation (3 groups), lecture, discussion
	10	Presentation: Personality analysis of a figure on movie Quiz: Psychodynamic	Group Presentation (2 groups), lecture, discussion, quiz
6	11	Humanistic: Maslow	Group Presentation, lecture, discussion
	12	Humanistic: Rogers	Group Presentation, lecture, discussion
7	13	Presentation: Personality analysis of a figure on movie Quiz: Humanistic	Group Presentation (2 groups), lecture, discussion, quiz
	14	Trait: Allport	Group Presentation, lecture, discussion
MIDTERM EXAM (Psychodynamics & Humanistic)			
8	15	Trait: Cattell	Group Presentation, lecture, discussion
	16	Trait: McCrae & Costa	Group Presentation, lecture, discussion
9	17	Presentation: Personality analysis of a figure on movie	Group Presentation (2 groups), lecture, discussion
	18	Presentation: Personality analysis of a figure Quiz: Trait	Group Presentation (1 groups), lecture, discussion, quiz
10	19	Behavioristic: Skinner	Group Presentation, lecture,

			discussion.
	20	Social Cognitive Theory: Bandura	Group Presentation, lecture, discussion
11	21	Presentation: Personality analysis of a figure on movie Quiz: Behavioristic and Social Cognitive Theory	Group Presentation (2 groups), lecture, discussion, quiz
	22	Kawruh Jiwa Surya Mentaram	Lecture, discussion
12	23	Kawruh Jiwa Surya Mentaram	Lecture, discussion
	24	Quiz Kawruh Jiwa Surya Mentaram Importance of feedback (Johari Windows)	Individual assignment, feedback, quiz
13	25	Collecting data & writing self description	Individual assignment, feedback
	26	Individual analysis of one's own personality	Individual assignment, feedback
14	27	Collecting data & writing the description of a friend	Individual assignment, feedback
	28	Individual analysis of a friend's personality	Individual assignment, feedback
END OF TERM EXAMINATION			

Required Readings:

Feist, J., & Feist, G.J. (2013). *Theories of Personality, 8th Edition*. California: The McGraw-Hill.

Schultz, D. P., & Schultz, S. E. (2013). *Theories of Personality, 10th Edition*. Belmont, CA: Wadsworth.

Schultz, D. P., & Schultz, S. E. (2009). *Theories of Personality, 9th Edition*. Belmont, CA: Wadsworth. (only for Murray)

Course Assessment:

Midterm	25%
Final exam	25%
Quiz	10%
Individual assignment	15%
Group review on a theory	7,5%
Group presentation on a theory	7,5%
Group presentation of a figure's personality	10%

Academic Integrity:

Any kind of scientific misconduct is prohibited.

Attendance Policy:

Minimum 75% of total meetings.

Plagiarism Policy:

Students should be fully aware that plagiarism is unethical behavior which breaches the academic integrity and therefore may cause serious sanctions, from a unsatisfactory grade to a failure of the entire course. Overall, plagiarism is simply defined as presenting someone else's thoughts or work as your own. This action can vary from having inappropriate academic referencing to deliberate cheating.

Below is the types of plagiarism, students should be aware of:

1. **Copying:** using the identical or very similar words to the original text or idea without acknowledging the source. Although most of the time, this action is subject to absentmindedness, it can be perceived as a deliberate action to present someone else's work as our own.
2. **Inappropriate paraphrasing:** changing a few words and phrases while still retaining the original structure and content without giving credits to the original sources.
3. **Collusion:** denying the contribution of others and claiming the work as a person's individual work. Collusion also includes making your work available to another student for them to copy it, stealing or obtaining another person's work to copy it, taking full responsibility of another person's academic work either voluntarily or with financial gain.

For more information about plagiarism, visit: <http://www.plagiarism.org/>