



International Undergraduate Program
Faculty of Psychology
Universitas Gadjah Mada

COURSE OUTLINE

Mental Disorders

Course Code	: PSY4111
Period	:
Credit	: 4
Class	: IUP
Perquisites	:
Course Instructor(s)	: Prof. Kwartarini Wahyu Yuniarti, M.Med.Sc., Ph.D., Psikolog Satwika Rahapsari, S.Psi., M.A., R-DMT
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Teaching Assistant	:
E-mail	:
Location and Time	:
Duration	:
Frequency of Meetings	: Weekly

Course Description

This course emphasis on the concept and the manifestation of mental disorders through material learning from text book, case study, film, video, journals, and other resources. Students will be learning forms and symptoms of mental disorders based on DSM 5 and ICD-10 and PPDGJ as comparisons. Case study and example from indigenous context, moreover Indonesia, will be provided as a cross-culturally study of mental disorders. Additionally, to gain live experience that enable student to have direct contact with clients, as well as increase understanding, identify the symptoms and the manifestation of mental disorders, students will conduct field study, visiting mental health institution (i.e. psychiatric hospital).

Course Objectives/Learning Outcomes

At the end of the course, students should be able to:

1. Identify the forms and the symptoms of mental disorders in an individual and in a specific population,
2. Understand the perspective of psychopathology theory,
3. Explain the cause of abnormality based on the bio-psycho-social approach,
4. Identify the classification of mental disorders
5. Identify forms of mental disorders in indigenous context
6. Think critically in understanding the recent research in the field of mental disorders.

Required Readings

Main:

1. Duran, V.M., & Barlow, D, H. (2003). *Essentials of abnormal psychology*. California: Thomson & Wadsworth.
2. American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: Author.
3. PPDGJ III

Supplement:

1. Davison, G.C. & Neale, J. M. (2012). *Abnormal psychology* 12th edition. New York: John Wiley and Son

Methods of Instruction:

Lectures: 35%

Discussion: 30%

Presentations: 15%

Role Play: 10%

Group work/independent study: 10%

Course Assessment

The final grade of the course will be compiled proportionally from the components below:

1. Examination (90%)
 - a. Mid-term exam
 - b. Final exam
 - c. Assignments
 2. Class Participants (10%)
- Total: 100%

Course Requirements/Methods of Evaluation:

1. Examination (90%)

a. Mid-term exam (10%)

Mid-term exam supports the achievement of course objectives #1, #2, #3, #4, #5 and #6
Mid-term exam takes the form of an in-class exam, and will cover the topic of week 1 – week 7.

b. Final exam (20%)

Final exam supports the achievement of course objectives #1, #2, #3, #4, #5 and #6
Final exam takes the form of an in-class exam, and will cover the topic of week 8 – week 14.

c. Group presentation (film analysis) (10%)

Presentation Grading Indicator

Grading Indicators	Max Score
Comprehensiveness	2
Clear and concise, time discipline	2
Interesting presentation material (PPT, video, etc)	2
Delivery Method: Attractive and Interactive	2
Answer/response to questions	2
TOTAL	10

d. Jigsaw 1 (Obsessive Compulsive) (5%)

Jigsaw grading indicators

Grading Indicators	Max Score
Informative, attractiveness, creativity	2
Correspond to the theme assigned	2
Originality (copy-paste is not allowed)	2
Method of delivery	2
Comprehensiveness	2
TOTAL	10

e. Individual paper: case diagnosis (10%)

Paper Grading Indicator

Grading Indicators	Max Score
Reference and in-text citation	2
Background problem	3
Analysis (easy to understand, clear and concise)	4
On-time Submission	1
TOTAL	10

f. Group presentation (Video) (10%)

Presentation Grading Indicator

Grading Indicators	Max Score
Comprehensiveness	2
Clear and concise, time discipline	2
Interesting presentation material (PPT, video, etc)	2
Delivery Method: Attractive and Interactive	2
Answer/response to questions	2
TOTAL	10

g. Jigsaw 2 (Feeding & Eating) (5%)

Jigsaw grading indicators

Grading Indicators	Max Score
Informative, attractiveness, creativity	2
Correspond to the theme assigned	2
Originality (copy-paste is not allowed)	2
Method of delivery	2
Comprehensiveness	2
TOTAL	10

h. Group presentation (role play) (10%)

Presentation Grading Indicator

Grading Indicators	Max Score
Comprehensiveness	2
Clear and concise, time discipline	2
Interesting presentation material (PPT, video, etc)	2
Delivery Method: Attractive and Interactive	2
Answer/response to questions	2
TOTAL	10

i. Group presentation & paper (field visit report) (10%)

Presentation Grading Indicator

Grading Indicators	Max Score
Comprehensiveness	2
Clear and concise, time discipline	2
Interesting presentation material (PPT, video, etc)	2
Delivery Method: Attractive and Interactive	2
Answer/response to questions	2
TOTAL	10

*) Same score apply to all group members. Exception: if one member shows minimum effort and engagement in the group, then her/his score will be deducted 20 points.

2. Class Participations (worth 10%)

Students are expected to attend class, having required assignments prior to class time, and to actively contribute to the discussion with thoughtful responses, reflections, and questions about the readings.

To help create meaningful class discussions, students are encouraged to review the suggested course readings attached to this course outline.

My criteria assessing full 20% class participation include the following behaviors and characteristics:

- Regular class attendance (75%)
- Attentive, focused involvement in class discussion (as expressed verbally and non-verbally)
- Contributing thoughtful, reflective comments, questions, or observations about the theories discussed in class
- Listening to others with respect
- Asking questions for clarification
- Allowing yourself to be open-minded, curious, to make mistakes, and to recognize that there will be times when you simply won't be able to make sense of the material we cover. Please ask questions! Please come see me!

Grading:

- 10 Points = 100% attendance, consistent active participation, asks questions, provides insights, raises issues
- 7 - 9 Points = 90% attendance, frequent active participation, asks questions
- 4 – 6 Points = 80% attendance, infrequent active participation, answers questions when asked
- 1 – 3 Points Point = 75% attendance, passive participation, answers questions when asked
- 0 Points = Less than 75% attendance, no participation.

Course Policies

- Excused absences are described in Undergraduate Student Manual/Attendance Policy. Students should attend to 75% of the total lectures, otherwise permission to attend the final examination is not granted which in turn can lead to unsatisfactory grade obtained for this course Three or more absences (excused or unexcused) will necessitate a special advisement meeting with the course instructor and possibly the primary advise or to

discuss the student's continuation in the course.

- Late papers will result in a two-point deduction from the paper grade itself for each day late.

In the event of a cancelled class, the instructor reserves the right to schedule a make-up class during exam week.

Academic Integrity

Academic integrity is an ethical policy of academia in which students joining this course is not exempted from. Among the ethical behaviors highlighted in this course, but not limited to, are: (i) learning commitment, reflected as the students meet the attendance requirements, and (ii) honest behavior, demonstrated as the students adhere to the non-plagiarism conduct. A breach of academic integrity can result in A FAILURE OF AN ENTIRE COURSE.

Attendance Policy

Attending to lectures demonstrates students learning commitments. As compliance to the Faculty Academic Regulation, students should attend to 75% of the total lectures, otherwise permission to attend the final examination is not granted which in turn can lead to unsatisfactory grade obtained for this course.

Plagiarism Policy

Students should be fully aware that plagiarism is unethical behavior which breaches the academic integrity and therefore may cause serious sanctions, from an unsatisfactory grade to a failure of the entire course. Overall, plagiarism is simply defined as presenting someone else's thoughts or work as your own. This action can vary from having inappropriate academic referencing to deliberate cheating.

Below are the types of plagiarism, students should be aware of:

1. **Copying:** using the identical or very similar words to the original text or idea without acknowledging the source. Although most of the time, this action is subject to absentmindedness, it can be perceived as a deliberate action to present someone else's work as our own.
2. **Inappropriate paraphrasing:** changing a few words and phrases while still retaining the original structure and content without giving credits to the original sources.
3. **Collusion:** denying the contribution of others and claiming the work as a person's individual work. Collusion also includes making your work available to another student for them to copy it, stealing or obtaining another person's work to copy it, taking full responsibility of another person's academic work either voluntarily or with financial gain.

For more information about plagiarism, visit: <http://www.plagiarism.org/>

Changes to Syllabus:

As a student, you acknowledge receipt of this syllabus and the information herein by continuing to attend this course. As the instructor, I reserve the right to make changes to this syllabus if circumstances warrant such change. All major changes will be provided to you in writing.

Appropriate Use of Electronic Devices in the Classroom

The use of cell phones or other electronic devices during lectures and lab sessions for texting, talking or any other purpose is disruptive to the other students and, therefore, such use of electronic devices is prohibited. Please be courteous to your instructor and your fellow classmates and turn off all electronic devices and store them properly during class. The use of laptop computers and tablets during lectures and lab sessions must be limited to course activity only. Accessing any social media site (Facebook, Twitter, Instagram, etc.) or personal e-mail accounts during lectures and lab sessions is a violation of classroom policy. Students are

prohibited from having cell phones or other electronic devices with them during examinations. During examinations, all electronic devices should be turned off completely and properly stored away.

Grading System: The table below shows grade totals and corresponding letter grades for the course. Course grade totals ending in .95 or higher are rounded up to the next whole number.

A+	98-100
A	92-97
A-	89-91
A/B	86-88
B+	80-85
B	77-79
B-	74-76
B/C	70-73
C+	67-69
C	64-66
C-	60-63
C/D	57-59
D+	54-56
D	50-53
E (T)	< 50

Course Calendar:

Meeting	Day & Date	Topics	Learning & Teaching Methods	Assessment
1		1. Syllabus/course outline overview 2. Introduction to Mental Disorders 3. Perspectives of Psychopathology 4. Introduction to clinical diagnosis: DSM 5, IDC 10, PPDGJ	Lecture, Discussion, Video, Group case discussion (focus on the assessment and diagnosis guide)	-
2		Psychopathological Assessment (I): Clinical interview, observation, psychological tests, mental health status examination (MSE)	Lecturer, Video: MSE, Discussion,	-
3		Anxiety disorders: Separation anxiety disorder, selective mutism, specific phobia, social anxiety disorder, panic disorder, panic attack, agoraphobia, generalized anxiety disorder	Group presentation (film analysis) Lecture, Discussion	Film analysis paper & Group presentation evaluation
4		Obsessive-compulsive and related disorders: Obsessive-compulsive disorder, body dysmorphic disorder, hoarding disorder, trichotillomania, excoriation	Jigsaw Discussion (4 panel groups) Lecture, Discussion	Jigsaw material
5		1. Trauma and stressor related disorders: Reactive attachment disorders,	Lecture, Video Case study	-

		<p>disinhibited social engagement disorder, posttraumatic stress disorder, acute stress disorder, adjustment disorders</p> <p>2. Dissociative Disorders: Dissociative identity disorder, dissociative amnesia, depersonalization/derealization disorder</p>	<p>In Class Exercise: Clinical Diagnosis based on DSM 5</p> <p>Case Study Discussion: Cultural phenomenon on trauma & dissociative disorders</p>	
6		<p>Depressive Disorders:</p> <ol style="list-style-type: none"> 1. Disruptive mood dysregulation disorders 2. Major depressive disorders 3. Persistent dysphoric disorders 4. Premenstrual dysphoria disorders <p>Bipolar & Related Disorders:</p> <ol style="list-style-type: none"> 1. Bipolar I 2. Bipolar II 3. Cyclothymic 	<p>Lecture, Video, Discussion</p> <p>In class poster making and presentation</p> <p>Take home exercise: Clinical Diagnosis based on DSM 5</p>	
7		<ol style="list-style-type: none"> 1. Somatic symptom and related disorders: Somatic symptom disorder, illness anxiety disorder, conversion disorder, psychological factors affecting other medical conditions, factitious disorder 2. Disruptive, Impulse-control, and 	<p>Case study diagnosis presentation (depressive and bipolar disorders)</p> <p>Lecture, Video, Discussion</p>	Individual paper (case diagnosis)

		Conduct Disorders: Oppositional defiant disorder, intermittent explosive disorder, conduct disorder, antisocial personality disorder, pyromania, kleptomania		
MID TERM EXAM				
8		Substance Abuse Disorder: Alcohol, Caffeine, Cannabis, Hallucinogen, Inhalant, Opioid, Sedative/Hypnotic/Anxiolytic, Stimulant, Tobacco	Group Presentation (Video) Lecture, Discussion	Group presentation (Video)
9		1. Feeding and eating disorders: Pica, rumination disorder, avoidant/restrictive food intake disorder, anorexia nervosa, bulimia nervosa, binge-eating disorder. 2. Elimination disorder: Enuresis, encopresis 3. Sleep-Wake Disorders: Insomnia disorder, hypersomnolence disorder, narcolepsy	Jigsaw Lecture, Discussion	Jigsaw material
10		1. Sexual Dysfunction:	Lecture, Discussion, Group	-

		Delayed ejaculation, erectile disorder, female orgasmic disorder, female sexual interest/arousal disorder, genito-pelvic pain/penetration disorder, male hypoactive sexual disorder, premature ejaculation 2. Gender dysphoria 3. Paraphilic Disorders	challenge/quiz	
11		Personality Disorder: Paranoid, Schizoid, Schizotypal, Antisocial, Borderline, Histrionic, Narcissistic, Avoidant, Dependent, Obsessive-compulsive	Lecture, Video, Discussion Group presentation: Role-play	Group presentation
12		Schizophrenia (biomedical & cultural perspective) 1. Form of Schizophrenia 2. Symptoms of Schizophrenia	Lecture, Video, Discussion	-
13		Field Visit	Visit to RSJ Ghrasia	-
14		Wrap-up Schizophrenia	Field Visit Report Presentation, Discussion Wrap-up Lecture	Group presentation, paper
Final Exam Break				
FINAL EXAM				

