



International Undergraduate Program
Faculty of Psychology
Universitas Gadjah Mada

COURSE OUTLINE

Lifespan Developmental Psychology

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| Course Code | : | PSY1201 |
| Period | : | 2018/2019 |
| Course Instructor(s) | : | Arum Febriani, Dr., M.A T. Novi Poespita C., S.Psi., M.Si |
| Language Instruction | of | English |

Course Description:

This course contributes to our understanding of human development across the lifespan. In particular, this course examines the physical, cognitive, and socio-emotional processes during the different stages of development, e.g., prenatal, childhood, adolescence, and adulthood. It addresses developmental principles, theories, research, as well as offers review/discussion of current issues across the lifespan (for example child obesity, millennial parenting, and caring for parents).

We will examine the issues with the special attention to how cultures influence development and change. Learning about human development cannot be separated from culture because the culture in which we grow up will affect the way we think, behave, and feel. Different cultural values and expectation will also result in different developmental milestones. For example, while biological aspect (e.g., puberty) is likely to be universal, socio-emotional aspect (e.g., the age of adolescence live independently or leave their parents' home) can differ greatly from one culture to another. To get better understand about the relationship of human development and (Indonesian) culture, students will be assigned to do a case study project.

Learning Outcomes:

As a result of participating in this course, students should be able to:

- Understand concepts and theories of human development
- Understand the physical, cognitive, and socio-emotional changes that occur across the lifespan
- Analyze the influence of cultures and contexts on human development
- Analyze various actual issues in the society using lifespan developmental approach
- Present their work both in written and in oral forms.

Prerequisites

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Course Time Table:

To help students better understand the materials, we will divide the materials into 4 parts/blocks: physical, cognitive, socio-emotional, and contexts.

| Week | Meeting | Topics | Learning Method |
|------|---------|--|---------------------|
| 1 | 1 | Classroom contract; Basic concepts, theories, and research in developmental psychology | Lecture, discussion |
| | 2 | Part 1: Biological beginnings | Lecture, discussion |
| 2 | 3 | Part 1: Physical development | Lecture, discussion |
| | 4 | Part 1: Sensory Development | Lecture, discussion |
| 3 | 5 | Enrichment (deepening the materials part 1) | Discussion |
| | 6 | EXAM 1 and project discussion | Exam, discussion |
| 4 | 7 | Part 2: Cognitive Development | Lecture, discussion |
| | 8 | Part 2: Processing information | Lecture, discussion |
| 5 | 9 | Part 2: Intelligence and language | Lecture, discussion |
| | 10 | Enrichment (deepening the materials part 2) | Discussion |
| 6 | 11 | EXAM 2 and project discussion | Exam, discussion |
| | 12 | Part 3: Emotional development and attachment | Lecture, discussion |
| 7 | 13 | Part 3: Self, personality, gender and identity | Lecture, discussion |
| | 14 | Part 3: Moral development, values and religion | Lecture, discussion |

| Midterm Exam (EXAM 3) | | | |
|-------------------------------|----|---|--------------------------|
| 8 | 15 | Enrichment (deepening the materials part 3) | Discussion |
| | 16 | Lecture from Guest Lecturer | Lecture, discussion |
| 9 | 17 | Part 4: Family, Life style and Parenting | Lecture, discussion |
| | 18 | Part 4: Peers and the socio cultural world | Lecture, discussion |
| 10 | 19 | Part 4: Death, Dying, and Grieving | Lecture, discussion |
| | 20 | Enrichment (deepening the materials part 4) | Discussion |
| 11 | 21 | EXAM 4 and project discussion | Exam, discussion |
| | 22 | PBL: Literature Review (Critical Reading & Analysis) | Reading |
| 12 | 23 | PBL: Writing 1 | Writing |
| | 24 | PBL: Writing 2 & sharing project (peer feedback) | Writing, discussion |
| 13 | 25 | Finishing project | Writing |
| | 26 | Project presentation (Culture and human development) | Presentation, discussion |
| 14 | 27 | Project presentation (Culture and human development)) | Presentation, discussion |
| | 28 | Project presentation (Culture and human development) | Presentation, discussion |
| Final Exam (Paper Submission) | | | |

Required Readings:

Santrock, J. W. (2012). Life Span Development: A Topical Approach 6th Ed. New York: McGraw-Hill.

And other supplementary readings.

Assessment:

| EVALUATION | CONTENT | PERCENTAGE |
|------------------|--|------------|
| Exam 1 - 4 | (Multiple Choice Questions) Perspective and Streams in Psychological Science | 35% |
| End of Term Exam | Project Paper | 35% |
| Presentation | Project Presentation | 15% |
| Activities | Quiz, case study, group discussion | 15% |

Project paper & presentation

- Every group consists of 2-3 students.
- Every group select 1 actual topic **related to human development and culture**
- Every member of the group chooses 1 sub-topic and writes a paper.
- The paper should be written and supported by at least 5 empirical studies
- The paper should consist of maximally 1000 words
- The paper should be written in accordance to manual publication of APA

Attendance Policy:

Minimal 75%